

# ANNUAL REPORT

# 2019

We support people with cancer  
and their families

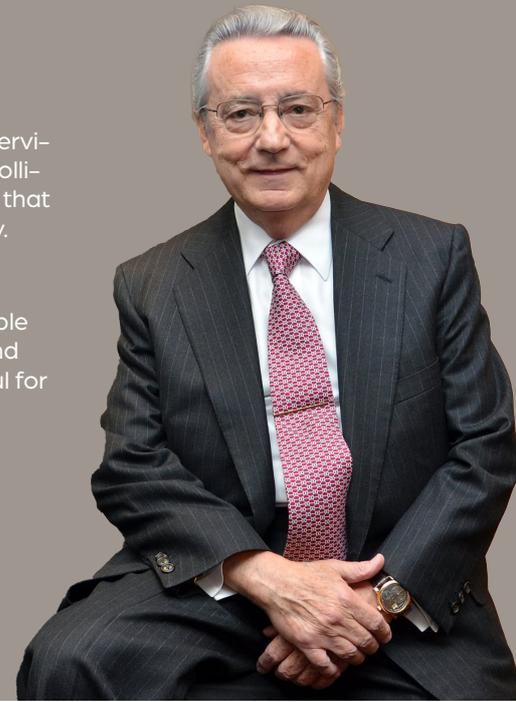
Fundació Oncolliga  
[www.oncolliga.cat](http://www.oncolliga.cat)

Our 2019 annual report is part of our efforts to reflect on our health care service for another year. It includes the most significant data of Fundació Oncolliga's actions to help people facing cancer and their families. This is a task that goes beyond the cold figures and most of the times hides a much tougher reality.

This information is a visual representation of what is really valuable, which is our contribution to society through our daily work, the solidarity of a group of valuable professionals, and the generous collaboration of many volunteers, institutions and companies that have worked with us for seventeen years. We are deeply thankful for their social commitment.

**Mr. Enric Reyna**

President, Fundació Oncolliga



When providing oncological health care, knowing about the disease is as important as knowing about the life stage of the person suffering from the disease. As a result, a comprehensive approach to health care includes both the best diagnostic and therapeutic options as well as providing psychosocial support according to each patient's needs.

With a comprehensive approach to the disease, Fundació Oncolliga responds to psychosocial needs linked to cancer and complements the excellent task of health-related parties. The Fundació's multidisciplinary team is fully committed to finding the best resources to provide social and psychological support as well as dependent care so that people can face the disease as safely and confidently as possible.

**Dr. Albert Tuca Rodríguez**

President, Health Care Commission

## WHAT WE DO AND HOW WE DO IT

### People, patients, and families are Oncolliga's priority

Fundació Oncolliga is a not-for-profit organization that provides psychosocial attention to people with cancer and their families during the whole process of the disease to improve their well-being and quality of life.

Psychooncology, social work and family social work professionals supported by volunteers offer free comprehensive care to patients and their families in order to immediately meet their needs.

Oncolliga's priority is to support people, patients, and families whose daily lives are impacted by cancer. Being close to people, the disease and suffering requires a professional and technical as well as an ethical response.

## Global activity

During 2019, Fundació Oncolliga's professionals visited and provided personalised service to a total of **10,789** people.

Patients

**2,058**

Relatives

**355**



## Home Care Service

**385** people who received service

**5,054** visits

## Psychooncology

**831** people who received service

**2,391** visits

## Social work

**1,699** people who received service

**2,399** visits

### Home Care Service

The Home Care Service (Servei d'Atenció a Domicili) offers fast and immediate response to provide care for the patient. This service is provided by family care professionals under the supervision of and coordinated by the Social Work Department. It is complemented with home psychological service and medical equipment on loan for patient's greater comfort.

### Psychooncology

Psychooncology services are provided to patients and families and/or caregivers in Barcelonès, Baix Llobregat, Vallès Occidental and El Maresme. They intend to reduce the emotional stress and provide the necessary resources to deal with the consequences of the disease as well as to improve their quality of life during the process of the disease.

### Social Work

The Social Work Service offers personalised attention to the patient and/or family members in order to provide guidance and counselling, as well as to manage the Foundation and third party's necessary resources related to social and family issues resulting from cancer diagnosis.

### Legal advice about employment law

**165** people who received service

**293** visits

This service is provided to people who face the disease and need advice. It provides guidance in terms of labour law and Social Security issues.

### Couple therapy

**17** people who received service

**66** visits

Oncolliga provides a family therapist to help solve the different kinds of relationship issues that affect couples during and after an oncological disease.

### Beneficiaries



### Guidance on oncology aesthetics and skin care

**122** people who received service

**378** visits

This service is possible thanks to the support of Fundació Ricardo Fisas Natura Bissé. The program offers some basic guidelines and simple solutions to minimise the possible effects of oncological treatments.

### Guidance on diet

**178** people who received service

**208** visits

A diet and nutrition specialist offers support through a personalised service aimed at both minimising treatment and disease side effects, and encouraging healthy dietary habits.

## VOLUNTEERISM

# Volunteer Programmes

Volunteers are a key group in Oncolliga. They complement the task of professionals to offer a comprehensive service to oncology patients and their families.

Oncolliga encourages the task of volunteers who offer their time, knowledge, and dedication to help others while promoting solidarity as a social responsibility.

## Health centres where we provide volunteer work in hospitals

Hospital Universitari Vall d'Hebron

Centre Fòrum  
(Consorti Mar Parc de Salut de Barcelona)

Hospital Sociosanitari Mutuam Güell

Consorti Sanitari Terrassa

Hospital Universitari Mútua Terrassa

Centre Sociosanitari Vallparadís



## Territorial Groups

### Vallès Occidental

Terrassa  
Sabadell  
Sant Cugat del Vallès  
Matadepera  
Ullastrell  
Rubí

### Barcelonès

Barcelona  
Poblenou  
Badalona

### Maresme

Calella  
Premià de Dalt  
Vilassar de Mar

### FUNDACIÓ ONCOLLIGA VOLUNTEERS

**129** volunteers  
(providing companion)

**22** volunteers  
(professionals)

**370** volunteers  
(providing resources)

### SERVICES (number of cases)

**7,930** Companion services

**6,120** Hospital volunteer work

**1,420** Home volunteer work

**194** volunteer work companion to doctor's appointments

**196** volunteer work testimonials (breast cancer, larynx cancer and ostomy)

## Encomana Salut

Encomana Salut is one of Fundació Oncolliga's programmes, which promotes healthy habits and cancer prevention among young people.

The Project addressed schools in the city of Sabadell as part of the subject "Learning and Service" during 2019-2020 school year. The project covered:

**9**  
schools in  
Sabadell

**17**  
classes  
(groups)

**500**  
students

## COLLABORATION PROGRAMS WITH INSTITUTIONS

### Rehabilitation Centre for Laryngectomees [Centre de Rehabilitació per a Laringectomitzats (CRL)]

[oncolliga.cat/centre-rehabilitacio-laringectomitzats-terrasa-crl/crl](http://oncolliga.cat/centre-rehabilitacio-laringectomitzats-terrasa-crl/crl)



Fundació Oncolliga has a laryngectomy rehabilitation program, which is the Rehabilitation Centre for Laryngectomees. The centre specialises in voice restoration and provides comprehensive care to people with larynx cancer and their families.

Comprehensive rehabilitation means the person's physical, psychological, and social readjustment, considering the family as a unit, especially couples.

### Associació Catalana d'Ostomitzats (ACO)

[www.ostomitzats.cat](http://www.ostomitzats.cat)



Founded in 1994, L'Associació Catalana d'Ostomitzats (ACO) has as its goal to support and accompany people with stoma in order to restore their family, social and work life. It also provides information and raises awareness about what stoma is and the possibility of leading a normal life with it. A collaboration agreement with Fundació Oncolliga has been in place since 2009, with the aim to support actions that contribute to improved well-being for people with stoma.

Headquartered in Barcelona, the association has different offices such as ACO Vallès in Terrassa and ACO Catalunya Central in Manresa.

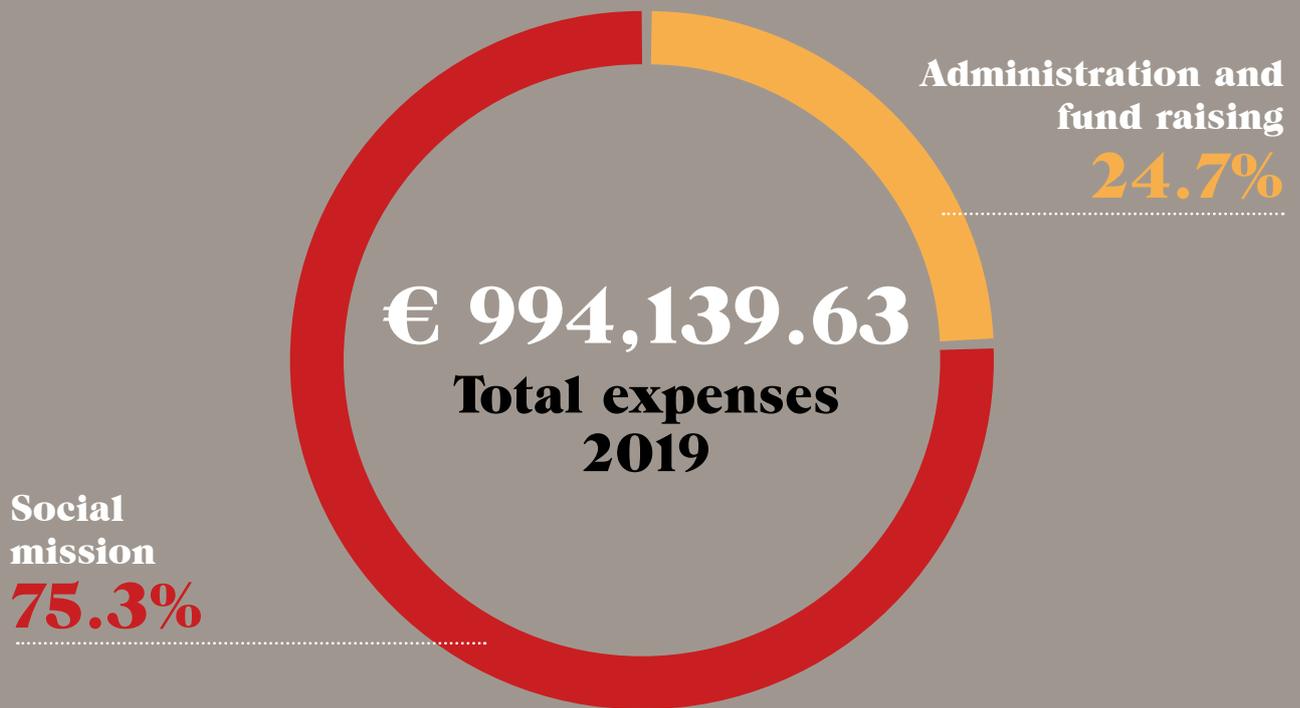
The VI Conference on people with stoma was held on October 8, 2019 at Hospital de Sant Joan Despí Moisès Broggi.

Over 200 people -including people with stoma, family members and health professionals- attended the Conference.

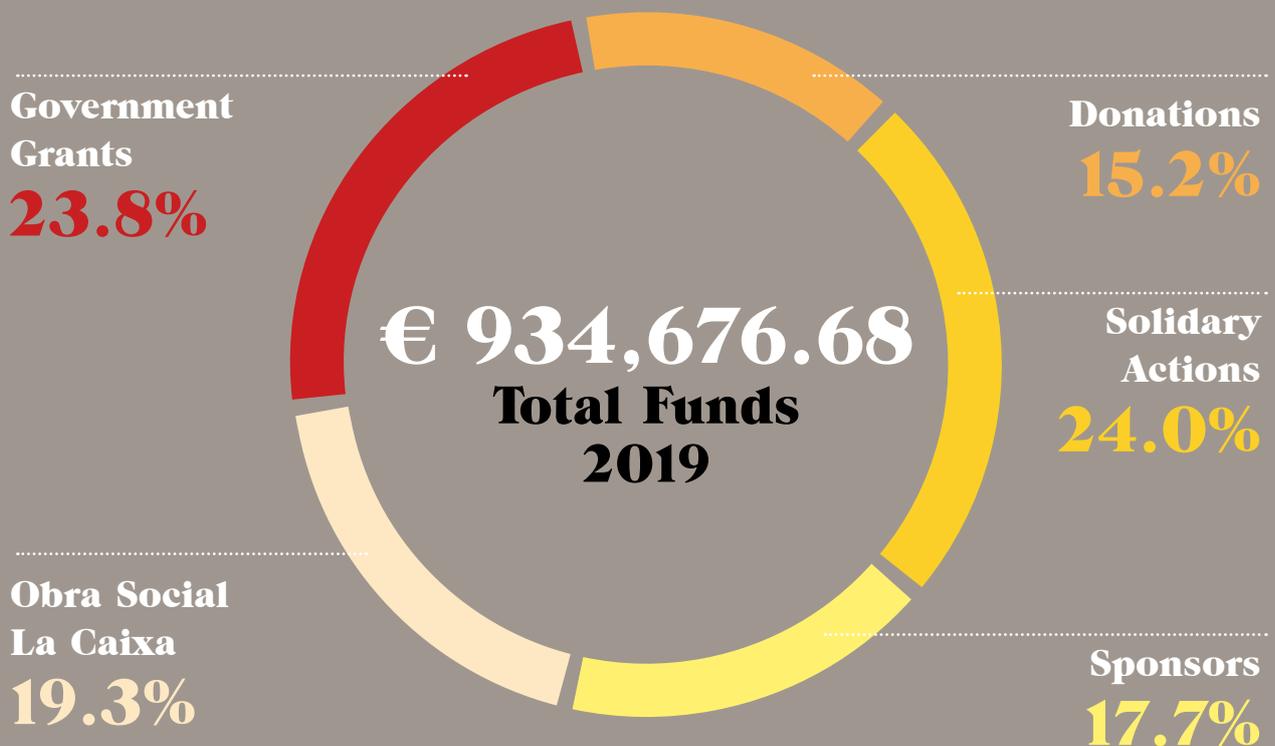
In 2019, ACO provided its services to over 400 people. This included participants to a variety of talks, conference attendees, testimonial volunteers, consultancy with stoma therapists and information seekers.



## Detailed Expenses



## Fund Sources



Check our audited  
annual accounts here

[oncolliga.cat/nosaltres/institucional/auditories/](http://oncolliga.cat/nosaltres/institucional/auditories/)



## OUR TEAM OF PROFESSIONALS

### Patricia Martí

Psychooncologist,  
Psychosocial Team

### Berta Martínez

Head of Communication

### Jordi Abad

Volunteer Coordinator

### Gemma del Aguila

Social Worker,  
Psychosocial Team

### Teresa Gutès

Family social worker,  
Home Care Service

### Ivó Valdivielso

Director



Fundació Oncolliga's professional team consists of 22 professionals who work in different areas: Management, Psychooncology, Social Work, Family Social Work, Volunteerism, and Administration and Communication.

The **Fundació** Oncolliga's Board of Directors is the highest governing body of the foundation. It is made up of volunteers who ensure the foundation's mission is fulfilled by working either with the President in decision making or with Management in the implementation of decisions made.

Link to the Board of Directors:

[oncolliga.cat/nosaltres/qui-som/patronat/](https://oncolliga.cat/nosaltres/qui-som/patronat/)

Fundació Oncolliga also has a **Scientific Committee**. Chaired by Dr. Lluís Cirera, it consists of professionals from a variety of specialties related to oncology. Their goal is to ensure high-quality and accurate work from the professionals at the foundation.

Link to Scientific Committee:

[oncolliga.cat/nosaltres/qui-som/comite-cientific/](https://oncolliga.cat/nosaltres/qui-som/comite-cientific/)

The Fundació Oncolliga's **Advisory Council** was created in September 2019. It consists of 24 civil society representatives to provide strategic counselling and advice. Profiting from the area of influence and activity of the Council members, Oncolliga intends to give greater exposure to and increase the impact of the foundation's work.

Link to the Advisory Council:

<https://oncolliga.cat/nosaltres/qui-som/consell-assessor/>

## ACKNOWLEDGEMENTS

Fundació Oncolliga's 2019 services and activities would have not been possible without the collaboration and solidarity of public administrations, institutions, companies, entities, and people who

have collaborated and contributed with their effort. We would like to thank all of them for their generosity, effort, and commitment.

### PUBLIC ADMINISTRATION



### SPONSOR COMPANIES



### PARTNER COMPANIES



### COOPERATING COMPANIES



### PARTNER ENTITIES



### SOLIDARY COMPANIES



### ACKNOWLEDGEMENTS



## YOU CAN FIND US IN

### BARCELONA

C/ Rector Ubach, 37-39, local 2  
Telephone number: 93 240 58 88  
barcelona@oncolliga.cat

### TERRASSA

C/ Salmeron, 100  
Telephone number: 93 736 14 34  
terrassa@oncolliga.cat

### CENTRE D'ATENCIÓ LOCAL SABADELL

Centre cívic Cal Balsach  
Ctra. Prats de Lluçanés, 2  
Telephone number: 685 989 212  
sabadell@oncolliga.cat

### CENTRE D'ATENCIÓ LOCAL RUBÍ

C/ Xile, 1 (Ateneu)  
Telephone number: 608 291 882  
rubi@oncolliga.cat

### CENTRE D'ATENCIÓ LOCAL SANT CUGAT DEL VALLÈS

Plaça del Coll, 4 (Xalet Negre)  
Telephone number: 685 305 520  
santcugat@oncolliga.cat

### CENTRE D'ATENCIÓ LOCAL CALELLA

C/ Costa Fornaguera, 34  
Telephone number: 691 319 995  
calella@oncolliga.cat

### CENTRE D'ATENCIÓ LOCAL VILASSAR DE MAR

C/ Santa Eulàlia, 142  
Telephone number: 692 992 931  
vilassardemar@oncolliga.cat

# Help us Help

### La Caixa

ES21 2100 1022 1002 0011 3347

### BBVA

ES23 0182 1015 0702 0152 6025

### Santander

ES25 0049 4709 4128 1606 6580

